



STUFF

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NO. 8

Housing Changes Spark Controversy

By NANCY WAGNER

"Hell no, we won't go!" proclaims a banner waving from the second floor of Merlini Hall. Petitions are being passed from dorm to dorm. Student letters have been sent to the Board of Directors requesting to be heard. Clans of concerned students congregate outside of the Student Affairs office speaking their grievances. These demonstrations are student acts against the proposed housing changes for next school year.

The Enrollment Committee, a 16 member committee chaired by Phil Wilhelm, was organized to help boost St. Joseph's enrollment. The group along with the Trustee Committee brought in a special consultant to review the institution and thus give professional advice on what can be done. The consultant, Mr. William Ihlanfeldt from Northwestern University, spent time on campus on various occasions interviewing faculty, administration, and students.

During a three-day seminar following the consultant's report, the Enrollment Management Committee discussed the college's strengths, weaknesses, and problem areas. From this seminar 40 "action items" were brought about. The committee, whose ultimate concern is the St. Joseph's College student community, expressed concern over the lack of SJC "sub cultures." The idea behind this being that if a student is not a "party-er" or an athlete, then there is not a lot for him or her to do in a social sense.

In a following three day seminar, Bill Maniscalco brought up the designated dorm theory. A dorm would be set aside exclusively as all freshmen, intensive study, and special interest. Thus, creating the "sub cultures"

for students who opted for an assigned dorm. Mr. Maniscalco organized class forums to present the idea to the student body and to get their feedback.

The uncontested student response was absolutely negative on the entire dorm idea. Due to this disapproval, Mr. Maniscalco and the committee compromised to only one floor being the designated freshmen, study, etc. The floors that were to be the designated areas were chosen on a very democratic basis. Each floor on campus was looked at and determined as to how many graduates of '88 lived there, how many persons would be affected, and the overall condition of the dorm. From there Justin 1st East and Merlini 2nd would be the respective

male/female freshmen floors. Halas 3rd and Gallagher 3rd would be the intensive study options.

Since this decision, Mr. Maniscalco has recently met with concerned, affected students. He has again compromised and is allowing the returning girls from 1st East to stay on their floor and fill up the remaining rooms with freshmen and freshmen leaders. Merlini 1st, instead of 2nd, is now for the freshmen males. Mr. Maniscalco explained that the school is in a period of test to see how the incoming students perceive these changes. He is hoping to see the students "gel" as a large group and establish an open concept of a residential college.

167 Seniors To March May 1st

By JAMES RUSK

On Sunday, May 1, 1988, 167 Puma seniors will march from Halleck Ballroom to the Fieldhouse for graduation.

Commencement is an ending and a beginning, a time when the seniors say good-bye to 16 years of schooling and must go out into the world to find jobs and create their future lives. Commencement is also a time for celebration, when family and friends gather to wish the senior well in his chosen future.

In an unscientific poll of a Core X class of several students answering if they have jobs upon graduation, six wrote that they are looking to find work in the publishing, marketing or tv-advertising. Two others said they planned on working after taking some time off for a vacation and interviewing.

During Commencement Weekend, April 28 - May 1, Saint Joseph's has planned for parties, picnics and brunches.

THURSDAY, APRIL 28 — Senior Party. 9:00 p.m. in Core XI.

FRIDAY, APRIL 29 — Champagne Brunch - 11:00 a.m. in Halleck Ballroom for seniors, faculty, and administrators.

Dance — 9:00 p.m. in Halleck Ballroom; semi-formal, for seniors, guests, faculty and administration.

SATURDAY, APRIL 30 — Picnic - 11:00 a.m. at Lake Banet Park for seniors family and friends.

Baccalaureate Mass - 5:00 p.m. in fieldhouse (seniors line up in ballroom at 4:30 p.m.).

President's Reception - 9:00 p.m. in Halleck Ballroom, semi-formal dress, senior slide show, 10:00 p.m.

SUNDAY, MAY 1 — Brunch - 10:00 a.m. to 12:00 noon. Commencement Ceremony - 1:00 p.m. in Fieldhouse.



Frustrated students met with Maniscalco with little result. But as STUFF went to press, the faculty passed a resolution expressing its "Reservation" over the process used to implement the Freshman Floor Decision.

Tuition To Increase

The cost of attending St. Joseph's College will be increasing for the 1988-89 school year. Increases will be made in the areas of tuition, room, and board with all other fees remaining constant. The business office has announced that these increases are necessary due to the raises in fees and salaries for the faculty, staff, and other employees of the college to compensate for the increases in the cost of living.

Actually, the raise in attendance costs is very modest, and has been for the last three years. Tuition will be raised from the

present \$3,175 to \$3,480, the board charge from \$800 to \$860 and the room charge from \$600 to \$650. Consequently, returning students will only face a raise of \$315 from this year, and new students (who must pay for I.D. cards and the room damage-key deposit charge) will pay a \$420 increase.

It should be emphasized that a decision to raise the price of tuition and fees is not made lightly, Nor is it made by any one person. The prospects for an in-

(see TUITION, pg. 3)

Letters ...

Changes Irk Student

To whom it may concern,

As a freshman who lives on Justin 1st East, the floor proposed to be a freshmen floor next year, it concerns me to hear that this would even be considered.

Living on a floor with 14 seniors and two juniors, more than half of the number of underclassmen, has made me realize how important it is to have upperclassmen and underclassmen living together on a floor.

The upperclassmen have helped me in numerous ways. For example, last week I needed some help in making my schedule for next year. I asked a

friend of mine who is a senior to help me. She helped me make out next year's schedule plus a rough draft of my schedule for the next two years.

The upperclassmen not only help with picking out our classes and deciding which teachers to take, but also with homework or other problems. Besides, they know where the fun is!

How is it going to help the freshmen, who really don't know what to do or where to go, if they are grouped all together on one floor? How is putting only freshmen on a floor going to bring about friendships between the upper and lower classes?

Sure, we have freshmen advisors, leaders and counselors, but they're not always available when you need someone to talk to, or you need to make an appointment to see them.

At the beginning of this school year one of the very first Core I lectures was about discrimination and how we put individuals into certain classes or groups. I feel that grouping the freshmen on certain floors is a form of discrimination.

Even if the freshmen had a choice to live on an freshmen floor, those freshmen would probably be the most unpopular, discriminated against students around. If there are 30 freshmen all on one floor and the other freshmen are on floors with upperclassmen, the freshmen living with the upperclassmen are

(see Housing, pg. 6)

Who Owns The Fish?

Dear Editors,

Being a student at St. Joe's, I am interested in using the facilities that Lake Banet offers. One of them is obviously fishing. So, as the weather turned, I decided to go out and try my luck. But, I found out that you need a permit to go out there, (unless you want to run from security like most others). So, I asked Fr. Banet, because he's in charge of giving permits out, and he said "NO!" plain and simple. After about a few minutes discussing this with him, the reason came out why he didn't allow people from school to go out there. The reason that he gave was that the students take all the bass out of the lake. So, isn't that the point of fishing, to catch fish? Yes, but he went on to say that the fish in Lake Banet

were HIS fish. HE was the one who put all the bass in the Lake!

I then went on to say that the lake is school property, and that we pay money to the school which in turn is used to pay for the recreational facilities out at the lake. He then said, his words not mine, "The school does not pay any money to support the fish in that lake!" I can't understand how the fish in the lake are Fr. Banet's, but the lake belongs to the school. Can someone explain that?

Well, I finally did find someone who explained it to me. A while ago, about 1947, the area where the lake was at was actually a gravel pit. The company used to take huge amounts of sand and gravel for the construction of roads and other uses. Well, in about the mid 60's, gravel operations stopped, and the gravel pit filled in with more water becoming a lake. At this time, the school actually owned all the area surrounding the lake, and leased it out to the companies that used the gravel pit. So, when the last gravel operation company left, one of the conditions to their leaving was to restore the north shore of the lake (the area that was leased to them). Well, in 1976, the Department of Agriculture came in and said they would give the school a grant to make it into a recreational facility, and to stock the lake with fish. The only condition they applied on the college was that only faculty members were allowed to fish there. Well, through the years Fr. Banet has personally put money into the restocking of the lake, whenever it was deemed necessary. So, some of the fish in the lake are Fr. Banet's (only the Bass), while the rest of them were put in there by the Department of Agriculture. My question is, why didn't he come out and tell me this directly instead of letting me get the impression that the school doesn't pay a dime to support the fish in the lake? I wonder how many people wouldn't be so mad if he would just come straight out and tell the reasons why students aren't allowed to fish out there. I still feel that we have good facilities out there, but the student body cannot use them to their full advantage.

Well, I thought of a solution. Why not sell the lake, because no one can fish out there anyway

(see Fishing, pg. 7)

Maniscalco Wrong In Isolating Freshmen

On April 8, 1988, the Friday of Little 500 weekend, the Student Affairs Office issued a notice that next year Halas third and and Gallagher third would be reserved for intensive study floors and Merlini second and Justin first east would be reserved as freshmen floors. This announcement was sprung on the students after room deposits had been made and only days before room decisions for next year had to be made.

In order to live on the intensive study floors students must apply and sign a contract complying with extended and strictly enforced quiet hours. In order to live on the freshman floor incoming students had to apply and would be accepted on a limited basis.

The reasons given by the Student Affairs Office for these two concepts was to give students options, to form sub-cultures in order to decrease the drop-out rate of students between their freshmen and sophomore year. I believe these "options," though they might work at a larger school, will only lead to the decline and extinction of the unique and positive atmosphere and tradition of unity at Saint Joseph's College.

First, according to William Maniscalco, Vice-President of Student Affairs, limiting the freshmen isolation to single floors, is only the first step in a series of gradual changes, ending in the creation of an isolated freshmen college community to be housed in Gallagher and Halas within the next few years. Not only do I find these ends repulsive, the means are worse still. In Core I we were taught that the cons completely eclipse the pros when segregation is forced on individuals. And I see this idea as applying to this situation. How can the faculty and administration praise their Core Program when they don't follow its basic premises?

Upon coming to St. Joe's, I was very anxious about being a freshman again. After gaining the status of a senior, I would again be faced with being a plebien. I was glad to find that this was not true. Sure, for the first couple of weeks we went through the usual rigamarole but we were not taken advantage of. And after that we were more like a family than classmates. We were treated as equals and shown just as much respect as any other class. There was no class distinction.

At a college where there are less than 750 students living on campus, providing prohibitive housing options is not beneficial in improving retention statistics. On the contrary, with the limited housing available, these "options" would severely reduce student housing options.

Although Mr. Maniscalco has limited the change in the first year to freshmen floors and intensive study floors, these proposals leave us in a position that is just as detrimental as the long run changes he has in mind. When these housing schemes were introduced to the student body they reacted by meeting with Maniscalco. On Monday morning following the announcement at least 75 students showed up at 8:00 a.m. to challenge the plan.

Some valid arguments against Maniscalco's plan are that the 10 or 15 percent of the freshmen that live on the freshmen floor will be labeled as freshmen the whole year. The upperclassmen that were cheated out of the rooms that had been expected when room deposits were made will resent and possibly torment the "freshmen." This reaction could also result in disruption of the dorm unity and traditions which are a positive aspect of dorm life at St. Joe's.

Another argument that makes Maniscalco's plan ridiculous is the fact that these freshmen will form a bond that will be broken when they become sophomores and are scattered into several different dorms, once again disrupting dorm unity. Not only that, but they will not have gained the experience of dealing with upperclassmen on an equal basis and therefore still be freshmen in that respect.

As far as responsibility and self-control are concerned these are traits that some freshmen lack and upperclassmen on the whole evoke from freshmen. Evidence of this is represented by the fact that dorm damage has been extremely high in freshmen dominated dorms.

When this evidence was brought to the attention of Mr. Maniscalco, he seemed to have come to the realization that this part of the 40 "action items" proposed might not be in the students' or the college's best interest. Yet when the student housing committee came up with possible alternate solutions to the freshmen retention problems they were not even taken seriously. Instead, Maniscalco made only insignificant changes by reserving seven rooms on Justin first west for returning students, and switching the freshmen floor from second to first in Merlini. This does not change the policy or resolve the larger question of community. The other dorm "options" remained the same, effectively preventing many current residents from returning to their home away from home, and destroying our sense of community.

Timothy Kelty

SJC's Rory Johnson Is Possible NFL Draft Pick

By MIKE MONAHAN

This Sunday at 11:00 a.m. the National Football League draft gets underway. One player who has a good chance at being drafted is SJC's own Rory Johnson.

Rory, who is from Toledo, Ohio, rushed for 1,466 yards and scored 16 touchdowns last season for the Pumas. Both statistics are all-time single season SJC records. His most memorable game for the Pumas was this past season (Oct.17) when St. Joe tied Ashland. The Pumas had never defeated Ashland during Rory's career and this was almost as good as a victory to Rory.

Sometimes Rory regrets coming to St. Joe's and feels that with a little more effort he could've made it at a bigger school.

Rory keeps in shape by lifting weights and running many sprints. His best 40 yard dash

time is a very speedy 4.56.

The 5'11 210 pounder has recieved many phone calls from ten-twelve teams. There are six teams that seem interested in Rory. Some of the teams are the Dallas Cowboys, Pittsburg Steelers, New York Giants, and Seattle Seahawks.

He has no preference to what team drafts him. Rory also thinks that he will go in the later rounds. He was told that if he had better hands he could go in the fourth round.

It is not very often that a player from St. Joseph's College has a good chance to be drafted in the NFL. Asked if he was tired of all the phone calls and attention Rory responded, "No, not really, because this is a once in a lifetime thing."

Rory E. Johnson is living in a dream and hopefully this dream of playing in the NFL will become reality.



Rory Johnson, a senior at St. Joe, broke records of most touchdowns and most yards rushing in a season.

Look to the Rainbow

By DAWN HODGE

Look to the rainbow, for you may find a pot of gold at the end. This past year, the members of Campus Ministry have found their "pot of gold" in the eventful school year — events that ranged from a simple cookout to the conversion of some members to Catholicism.

A few highlights of first semester include the Freshmen Welcome Liturgy and Opening School Liturgy, Walkathon for Chronically Mentally Ill, Woman-Church Conference, Peace with Justice Week, Commissioning of Students for Ministry and Kairos III.

Second semester continued with the Pax Christi Group, H.U.G. (Human Understanding Groups), Fast Day, Kairos IV, and a Pre-marriage Program.

Campus Ministry continues to grow in membership as well as activities that are planned, and events sponsored throughout the school year. They continue to "look to the rainbow" and invite the Saint Joseph's community to join them.

Furniture Pick-up Sun.-Wed.

By WILLIAM MANISCALCO

Security and Safety personnel will coordinate a furniture pick-up and disposal service for students beginning Sunday, April 24, and continuing each evening until Wednesday, April 27. Unwanted furniture and other large items should be carried from the building and placed near the curb closest to the rear door of the building.

Items to be discarded should be placed near the curb by 6:00 p.m. and 9:00 p.m. each day.

DO NOT ATTEMPT TO BURN UNWANTED ITEMS ON THE CAMPUS OF SAINT JOSEPH'S COLLEGE. Open

fires are against local ordinances because of the high risk of potential fire to buildings, trees, grass, and personal property.

Individuals found to be responsible for starting a fire or contributing fuel (unwanted burnables) to a fire already set will be subject to the following: \$500 fine and disciplinary suspension (one full semester) or suspension from all commencement social activities.



Tuition, cont.

crease begin when the Vice President of Business Affairs Mr. James Thatcher puts together his financial figures for the previous school year. This material he then presents to the College Board of Trustees who vote on whether to make any increases and how much those increases should be. The men and women who sit on the Board have years of knowledge and experience in the areas of finance, business, and economics which they apply when reaching a decision.

Needy students seeking financial aid may be concerned by the news of cost increases. According to Admissions and Financial Aid Director Mr. David Hoover, federal financial aid is not expected to increase next year even though tuition and fees

will be raised at many colleges throughout the country. Increase in financial aid from the State of Indiana is expected to be very minimal. However, St. Joseph's College is planning to increase the ammount of its student aid to meet the cost increases of the coming year.

ACROSS

- 1 Prohibits
- 5 Damp
- 8 South African Dutch
- 12 Toward shelter
- 13 Devoured
- 14 Partner
- 15 Decayed
- 17 Come into view
- 19 Hinder
- 20 Uncanny
- 21 Grant use of
- 23 Spar
- 24 Hail!
- 26 Sword
- 28 Timid
- 31 Greek letter
- 32 Cerise
- 33 Faeroe Islands whirlwind

DOWN

- 1 Poet
- 2 Century plant
- 3 Irritate
- 4 Mediterranean

(Solution to last puzzle)

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O	I	L	A	T	E	B	A	R	T
O	O	N	O	R	S	H	R	E	O

- 8 Strips of cloth
- 9 Warns
- 10 Turkish regiment
- 11 Ancient musical instrument
- 16 Sea eagles
- 18 Fruit
- 22 Arrows
- 23 Commemorative disk
- 24 Likely
- 25 By way of
- 27 Insect
- 29 Garden tool
- 30 Still
- 35 Cake mix
- 36 Withered
- 37 Plateau
- 38 Part of harness
- 40 Turkic tribesman
- 42 Church official
- 43 Oriental nurse
- 44 Weary
- 46 Scheme
- 47 Dispatch
- 49 Snare
- 50 Vessel
- 53 Proceed

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Little 500 Enjoyable For All

By NANCY WAGNER
The Saint Joe tradition of the annual Little 500 race and accompanying festivities passed all of us by the weekend of April 9. The events in this sporting spectacle, coupled with unbeatable good weather, insured that there was fun to be found by all who attended.
Some changes were put into effect this year, concerning the format of the race itself. Practice sessions started as early as 9:00 a.m. race day morning, followed by two preliminary races to determine the drivers' starting positions.

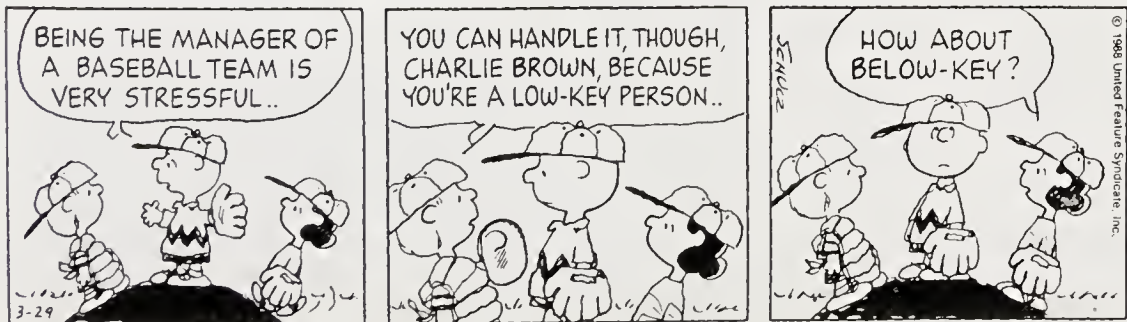
The length of the race itself was cut in half, from 2:00 p.m. to 4:00 p.m., versus the previous 12 noon to 4:00 p.m. race time slot. For the spectators of the race, it proved to be much more exciting to watch, and it also provided extra time to participate in the various cookouts and gatherings scattered throughout the campus.
To top the entire 500 affair off, the up and coming rock singer Henry Lee Summer performed for the college community for the second year in a row. Here, the winners of

the 500 race and 500 queen were announced: senior Dave Downard, of Bennett Hall, received the glory of victory for the race, and sophomore Jennifer Nagel was crowned Little 500 queen. Shortly following these announcements, Henry Lee Summer gave a well received performance, singing some old-time favorites, as well as introducing some of his new songs from his recent album cutting.
Once again the famous 500 tradition was carried through, and with a big success! Until next year ...

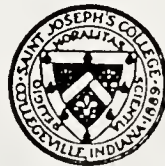


PEANUTS®

By Charles Schulz



STUFF



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Out of the Blue ... Out With a Bang!

By CHRISTOPHER HELTON

And so it comes to be that time of year again—old friends must part company, maybe to never see each other again. But let's not get remorseful, dejected, downcast, depressed; let's go out with a bang.

Here's what we do: The last Saturday of the semester we will all meet out front of Halleck. I want everyone on campus to bring three (3) packages of lime Jello to this meeting. Also, someone will have to bring a long garden hose, or some other source of water. And then, someone will have to bring fruit (bananas, apples, pineapples, cherries, oranges, whatever).

Now then, what we'll do with all of this is make a gigantic jello salad in the fountain out front of Halleck. This is the way to end a school year with style. Now, if everyone brings their three boxes of lime Jello, we shouldn't have any trouble filling the fountain.

After filling the fountain with the Jello we will need some volunteers for the fine art of jello wrestling. Not wanting to be thought to be a sexist, we can open this competition to anyone who wants to compete regardless of sex.

I figure that all of this should take anywhere from three to four hours, depending on the number of volunteers that we get. Imagine the fun-filled afternoon of joyful frolicking that we can have.

After a few hours of intense

jello wrestling, I figure that we'll need to eat, so a couple of people are going to have to volunteer to get and cook a lot of food for the afternoon. Talk among yourselves and decide who will be doing this.

This should go on until nightfall, after which we can light up a nice gigantic bonfire (always think big for these things) and then we can end the evening with a rather large fireworks show, and maybe we could get a local band to perform.

The thing to remember is that you might not be seeing some of these people ever again, so this thing has to be made so that it is three or four times bigger than life so that everyone will remember this blowout thirty years from now. The bigger that things are, the better. If anyone wants to add anything to this basic theme, fine, all the better. Let's turn this into some sort of all-day, all-night party. If we all pitch together it can work, all we need is a little team work.

Now, let me end my column by thanking all of you for reading this, let's all do it again next year — same bat-time, same bat-channel. Have a good summer and a happy tomorrow.

Until next year, I be out at Melbourne Beach down home in sunny Florida. Stop by, you're all welcome to the state — not to my home, but to the state.

Time For Big Fun

By MARK ORLANDO

The 25th annual Little 500 didn't cool down after the race was over, that's for sure. All SJC students and members of the community were treated to a concert done by Henry Lee Summer, a native of Indianapolis (Brazil, Indiana to be specific).

Summer entertained nearly 2,000 frantic fans with such songs as "Lovin' Man," "Time For Big Fun," "Hands On the Radio," "Got No Money," "Just Another Day," "Darlin' Danielle Don't," and his current smash "I Wish I Had A Girl." He also managed to sneak in a few surprises from the earlier years of rock such as the Stones' "Satisfaction," Cheap Trick's "Ain't That a Shame," and ended the evening with a classic by the band, Free, "All Right Now."

Summer, recently acquired by CBS Records, has been receiving a lot of airplay and promotion and was out on the East



Henry Lee Summer again entertained students and visitors during Little 500 Weekend.

Coast last week at some major clubs only. In an interview with Henry Lee after the show, I found out that off stage he's just as normal as anyone, has just as many fears and frustrations. I asked him about his future and what he hoped to accomplish; he

replied, "I hope to be able to make another record."

Though a little short and no opening act of SJC's own Ben Likens and Pearl (Due to lack of stage space), last Saturday night was "A Time For Big Fun", and a night to remember for everyone.

On the Dial ...

By DONALD J. PITCHER

Another semester at Saint Joe is nearing its end, and a few days from now WPUM-FM will be shutting down its transmitter until next September. The past year saw several changes and improvements at our studios. A lot of them were "behind the scene" sorts of things. Others, like solving the problem with our signal drifting on your dial, were more readily noticeable. Never-

theless, all were pointed at improving the efficiency within the station itself, and hopefully, better serving you as listeners. And even as this year draws to a close, we are already looking at plans for five months from now.

In the next couple of days, we will be passing out surveys in an effort to better find out exactly what sort of radio audience Saint Joe (and Rensselaer) consists of. We will be looking for

your comments on our programming from news and sports, to special shows done by our dj's, to the times that you most often tune us in. But, the most basic information we will be looking for is what sort of music you would like to hear on WPUM.

WPUM can afford to be flexible in its music format, and because of that there is a great opportunity for us to play the sort of music that you would like to hear. Once more informed of your tastes, we can tailor our sound to be even more toward you liking for next semester.



1988 S.A. officers were elected to hold office until the end of next fall's semester. Standing: President, Jeff Attar. Sitting (L-R): Treasurer, Maureen Egan; Secretary, Michele Tyler; Vice-President, Kelly Van Gilder.



Housing, cont.

definitely going to know and meet more people.

My younger sister plans to attend S.J.C. next year and she'll be a freshman.

She has met my friends on First East and otherwise planned to live on First East. No one likes to be the lowest guy on the ladder and absolutely no one likes to be a freshman all over again. The upperclassmen treat us (freshmen) as equals. Besides freshmen initiation, we are not treated as "only freshmen."

An all freshmen floor, much less a dorm, would hinder more than help the freshmen from becoming a part of the S.J.C. community and becoming involved in the activities.

I suppose that if the students' wishes against freshmen floors and dorms are overlooked and this does come about, the lectures that we've heard concerning discrimination and segregation in CORE will have to go unheard.

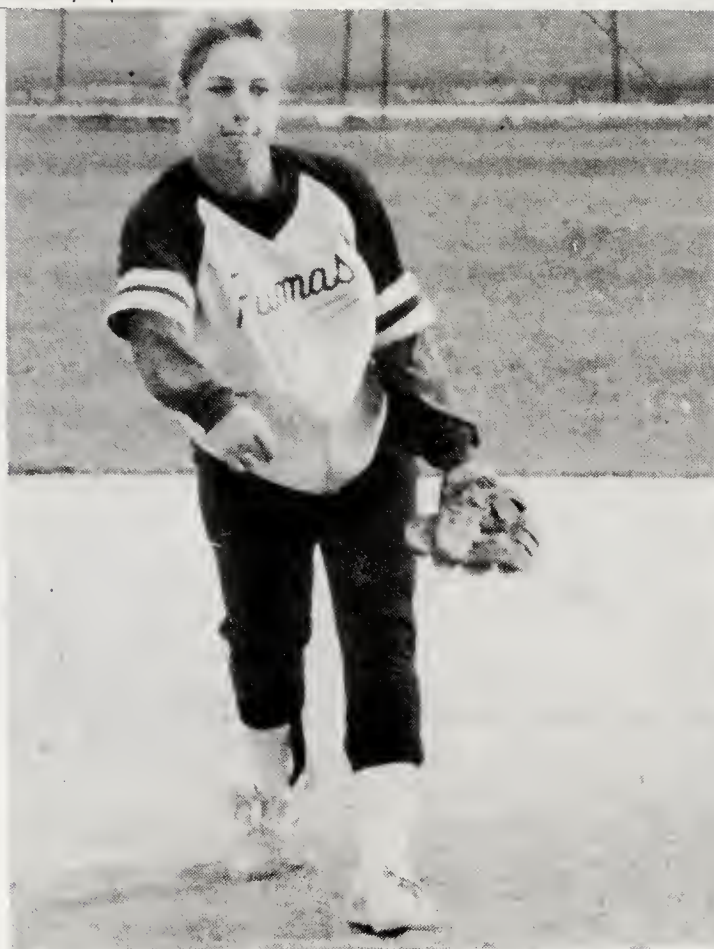
Thank you for listening,
Sally Kleinedler
freshmen resident of 1st East

Fishing, cont.

EXCEPT for Fr. Banet, and any one he feels it's okay to give a permit to. Then, take all that money and build a new track. Plus, we would have money left over to buy all the equipment, uniforms, and a full time coach! Not someone who is coaching track as a side job to football. Track is officially in season!

Well, in the end, I never did get my fishing permit, and so if the next time you're out at Lake Banet and security is coming out to try and catch anyone fishing out there, please yell that they are coming so that I can get a good head start! Good luck to the rest of the fishermen out there!

Russell Schleyer



Kristin Ruda helped the Lady Pumas on the mound in their doubleheader versus Huntington.

Women's Softball Team Splits Versus Huntington

By BRENDAN FOLEY

In women's softball last Thursday, St. Joseph's split a doubleheader with Huntington College. After losing 8-0 in a sloppily played opener, the Lady Pumas rebounded with a 7-1 victory in the second game.

In the first game, Huntington wasted no time, scoring one run in the top of the first and leaving the bases loaded. Puma starter, Jenny Giesz suffered control problems, walking three in the inning and five total in three innings of work.

Visiting Huntington scored four of their eight runs in the third inning. With runners on first and third, a ground ball barely eluded both the pitcher's

and shortstop's gloves for a run scoring single up the middle. A bases loaded triple scored three more and put SJC down 5-0.

"We just weren't hitting the ball," said Coach Carol Cunningham. In fact, the Huntington pitcher had a perfect game until the fourth inning. The Pumas got their first hit in the fifth, one of only three for the game. The Pumas were a victim of questionable umpiring in the fifth when Cheryl Kazmierczek tried to score on a single to right field and was called out, even though it seemed the catcher tagged her with the glove while holding the ball in her right hand.

The disappointment of the (see Doubleheader, pg. 7)

... Clip and Save ...

Burned Out?

Tips on How to Avoid Stress

Because finals week is coming up, and it can be a very hectic time for everyone concerned, we at STUFF thought we would do what we could to help "ease the pain." The following is a guideline to follow about the symptoms of stress, what causes it, and what to do when the stress bug bites!

Symptoms of stress and burn-out:

- Physical illness such as colds, flu, backache, digestive problems, etc.
- Indecisiveness.
- Worry, especially about things we cannot control.
- Guilt, because we think we're not doing the best possible job.
- Withdrawal.
- Longer hours and less productivity.
- Doubting your system of values, the worth of what you are doing, the importance of helping people, and yourself.
- Blame and resentment.
- Cynicism and griping.
- Apathy.
- Task avoidance.

Causes of stress and burn-out:

- Having an orientation to helping people (the need to give).
- Ignoring positive feedback from others.
- Isolating ourselves from others because we feel we don't have enough energy to get together with friends, or that we don't want to inflict our problems and poor disposition on them.
- The demanding nature of the students we live with.
- Being accessible.
- Length of service.
- Lack of external awards.

Preventive Measures:

- BE ALERT TO THE SYMPTOMS OF BURN-OUT AND TO YOUR NEEDINESS.
- MAINTAIN CONTACT WITH YOURSELF — find time to be alone, meditate, write, exercise your body, be aware of your own emotional life and hang-ups.
- MAKE CONTACT WITH OTHER PEOPLE.
- LEARN TO HELP WITHOUT RESCUING.
- GIVE UP UNREALISTIC GOALS.
- DEVELOP A PERSONAL WORK CONTRACT WHICH IS GOAL-ORIENTED, RATHER THAN WORK-ORIENTED.
- GET PLENTY OF PHYSICAL EXERCISE.
- TUNE INTO YOUR BODY AND PRACTICE STRESS MANAGEMENT TECHNIQUES (relaxation, exercises, meditation, etc.) OFTEN — DO NOT WAIT UNTIL YOU ARE UNDER STRESS.
- PRACTICE SELF CARE — TAKE CARE OF YOUR PERSONAL NEEDS (along with this goes self-acceptance).

Good luck with finals!

BURNED OUT?



A SAFE PLACE

A safe place is the most immediate need for a woman in crisis, especially the abused woman. Knowing that she is secure makes it possible for her to begin making decisions about her future course of action. The staff and volunteers at the shelter can help her in the decision-making process by providing her with options, choices and alternatives to the violent situation, without pressure.

HOME SHOULDN'T HURT



VOLUNTEERS ARE NEEDED AND WELCOMED!

Contact 866-8825

Contact us if you are dependable and committed to the cessation of FAMILY VIOLENCE!

Alumni Overcome By Varsity Football Team

By ANDREA DENNIS

Puma fans were kept on the edge of their seats during the suspenseful Alumni Football game last Saturday.

Following the 1:30 p.m. kickoff, the Alumni upset the Saint Joseph's College Varsity team by scoring the first point. No reason to panic though. By the half, our Varsity team managed to pull a 7-6 lead over the Alumni.

Going into the second half, the Varsity came on strong. In the end, the Pumas upheld their mighty name with a 24-14 victory over the Alumni.

Festivities did not end with the time clock as did the game. On the contrary, they continued long into the evening with Bennett's pig roast, and the Annual Sports Hall of Fame Dinner.

By 4 p.m. the aroma of roast pig lured some of the hungry fans to Bennett for their annual pig roast. At 9 p.m., late comers enjoyed the music performed by Ben Likens' band, Pearl.

Also Saturday evening was the Annual SJC Sports Hall of

Fame Dinner which was held in the ballroom. Those invited included members of the SJC Sports Hall of Fame, Puma 100 Club members, the administration and athletic department, as well as the incoming freshman athletes. During the dinner, the Alumni Association Board of Directors bestows an award on an alumnus who has earned the honor of being selected to the SJC Sports Hall of Fame. This year's award was presented to 1972 graduate David A. Gandolph, a three-letter winner in football, baseball, and wrestling.

SJC's Alumni game has taken place off and on since the 1930's, and consecutively since 1977. According to Coach Bill Reagan, the purpose is to continue a close relationship with SJC grads and also to give the team an indication of how they look going into the new season.

To prepare for the game, the SJC Varsity team had nine practices over a three-week period. "If they hadn't won, they'd have been in for a long training season," said Reagan.



Freshman Jimmy Allen scored 12 for the varsity in 2 and 60 yard sprints Saturday.

I.M. Softball Draws To A Close

By MIKE MONAHAN

The women's intramural softball championship game was held Wednesday and the undefeated Foul Balls (5-0) played the winner of the (3-2) Slammers and the winless (0-6) Hazin Fools (Jerry's Kids).

The men's championship game was held earlier today. The playoffs were held earlier this week. The games pitted Anal-Sphi (captained by John Mueller) who had a record of 1-3 against Rat Pack No. 1 (captained by Dan Pfeiffer). Their record was 1-2. The winner of this game played the Gwoozems (captained by Tom Brothers) who had a record of 3 wins and 0 losses. Captain Roger Cromer and the rest of the Lite-All Stars (3-1) faced the Bennet MD's (captained by Tom Stautberg). The winners of the last two

games played for the right to be in the championship game.

The second bracket started with the Swing'in Singles (Andy Poletto was the captain) who had yet to win a game (0-4) versus the Thrashers (Dan Dollear captained the 3-1 team). The winner faced the 3-1 Stoned Ponies (captained by John Pikarski). The 2-2 Brew Crew (John Obbagy was the captain) then collided with the N.S.F. Rats (Troy Rush captained the 2-1 team). The winners of the last two games battled for the right to be in the championship game. The records do not include the last two regular season games.

Troy Rush was in charge of the intramural softball. This was the last IM event for Jim Collins, who has performed his job as IM director very well over the past two years.



Bill Edinger pitched for the Brew Crew this season as they went 7-3.



John Finnegan slides into second versus Indianapolis. This win propelled the Pumas into the Conference tourney.

Doubleheader, cont.

first game sparked the Pumas to victory in the second game. Sharon Hathaway walked and scored in the first on a double by Lori Kiel. Control on the pitcher's mound played a big role in both games. Huntington lacked it in second game, as St. Joe's had in the first. The Pumas

scored in every inning but the fifth as their bats finally came around. Kiel had a double and a single for three RBI's, Hathaway scored three runs and Laura Heyne had two hits, two RBI's and pitched a two-hitter on the mound. Cheryl Bukowski added three hits in the offensive outburst.

Track Team Struggles For Lack Of Participants

So far this year the St. Joseph's men's track team has been struggling through a difficult season with few wins. According to head coach Steve Piea this is mainly due to a lack of depth; the Pumas don't have participants for every event. For instance, the team has no regular high jumper and although Jeff Attar will usually be called on for this event, this is not his area of expertise. The team also lacks regular hurdlers, hammer throwers and javelin throwers. A dose of misfortune has

hampered the team as well. Sprinter James Toombs suffered an injury from spring football practice and has been unable to participate fully but is expected to return next week.

Coach Piea wishes to point out, however, that there are several individuals who are doing a commendable job in spite of the team's overall lack of strength. Jerry Redmund is doing an excellent job running the 800 meter dash and has not been beaten yet this season. Field event specialist Scott

Humes has been unbeaten in the shot put and is doing well in the discus throw. Among the runners having choice seasons are freshman Scott Brady and juniors Bill Massoels and Mike Boyda.

The message to track fans is clear. The Pumas have good talent in some spots but holes in others. If the team plans to succeed, those holes have to be filled, not just patched up. Filling those holes is the problem that Coach Piea plans to confront next season. Be watching then!

